

## Cayce time line per John Van Auken

4.6 billion years ago Beginning of Earth experience.

12 million years ago **1st Root Race** - The first influx as ghost - Lemuria/Mu.

10 million years ago **2nd Root Race** - The second influx as thought-form projections.

210,000 BC Atlantean civilization begins: The first truly physical body: Blue Maze People.

### **3rd Root race - Beginning of First Creation.**

106,000 BC Female & Male, Yin & Yang: The Logos enters to help Lilith and Amilius.

50,700 BC First breakup of Atlantis into five islands. Negativity shifts motivations.

28,000 BC Second breakup of Atlantis.

22,800 BC The great flood begins. NOT THE NOAH FLOOD

### **End of First Creation**

12,000 BC **4th Root Race** - The Logos enters again: Adam and Eve. Adamic Body.

10,500 BC New training and initiation centers are built around the Planet.

10,014 BC The final destruction of Atlantis.

### **Beginning of Second Creation**